



'Creating an inspirational learning community for all'

Personal, Social and Health Education & Citizenship Policy

DATE OF DRAFT: November 2011
RESPONSIBILITY: Physical development and well being curriculum team
DATE OF REVIEW: November 2014

This policy is based on wording from The National Curriculum Handbook for Primary School Teachers in England 2000 and makes links with ECM 2004 and Primary National Strategy SEAL materials (2005).

What is it? / Rationale

Personal, Social and Health Education & Citizenship (PSHE & C) form part of the non-statutory guidelines found in *The National Curriculum Handbook for Primary School Teachers in England 2000*. As a curriculum area it is designed to help give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. PSHE teaching and learning also contributes to the five outcomes of Every Child Matters; Be Healthy, Stay Safe, Enjoy and Achieve, Make a Positive Contribution and Achieve Economic Well-being.

At Longwell Green Primary School this means that all our pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of our school and local communities.

In so doing every pupil learns to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and learn to understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

They also find out about main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities. They learn to understand and respect our common humanity, diversity and differences so that they can go on to form effective, fulfilling relationships that are an essential part of life and learning.

Why do we do it? / Aims

At Longwell Green Primary School we aim to give all our pupils opportunities to:

- take and share responsibility
- feel positive about themselves
- take part in discussions
- make real choices and decisions
- meet and talk to people
- develop relationships through work and play

- consider social and moral dilemmas they come across in everyday life
- ask for help
- find information and advice
- prepare for change.

We do this because we believe in the fundamental value of these experiences.

How do we do it? / Guidelines

At Longwell Green Primary School we deliver the non-statutory framework for Personal, Social and Health Education & Citizenship using the four strands that are listed in The National Curriculum:

1. Developing confidence and responsibility and making the most of their abilities;
2. Preparing to play an active role as citizens;
3. Developing a healthy, safer lifestyle;
4. Developing good relationships and respecting the differences between people;

We do this in distinct ways:

The distinct curriculum / Timetabled PSHE & C:

Every class has at least 45 minutes a week of dedicated PSHE & C time with their class teacher/ PPA cover. This may also include circle-time.

The generic curriculum / School ethos:

We believe that many of the skills and attitudes that we wish to develop through PSHE & C are taught and demonstrated throughout the day at Longwell Green Primary School. Pupils will have opportunities to develop their understanding of these issues through:

- school ethos;
- assemblies;
- school trips;
- extra curricular activities;
- classroom and playground rules;
- school council, etc.

The cross-curricular / PSHE & C and its relationship to other subjects:

Some aspects of the PSHE & C framework may also be taught and revisited in other subject areas, such as, Science, Geography, Religious Education, English, etc.

We also use the **Social, Emotional Aspects of Learning (SEAL)** materials. In our school SEAL is part of a whole school approach; the whole school community are engaged with the materials. All the classes in the school think about the same idea and use a shared language over the same period of time. SEAL aims to develop knowledge, skills and understanding in the following five aspects of learning: self-awareness, managing feelings, motivation, empathy and social skills. The key benefits of developing children's social, emotional and behavioural skills include:

- Greater educational and work success;
- Improvements in behaviour;
- Increased inclusion;
- Improved learning;
- Greater social cohesion;
- Improvements to mental health.

Links:

This policy clearly links to our school policies on: Healthy Relationship Education, Drug Education and Procedures, Behaviour, Child Protection, Staff Development, Teaching and Learning, etc.