

## **Voluntary organisations, sources of information and Support Groups for Parents and Carers in South Gloucestershire Supportive Parents is a parent led organisation providing the Parent Partnership service for South Gloucestershire.**

We provide information and support for parents/carers of children with any kind of special educational need, to enable them to play a more active and informed role in their child's education. We do this by means of a telephone information and support line, face to face support and help with written information. For further details contact our Information and Support line 0117 9897725 or visit [www.supportiveparents.org.uk](http://www.supportiveparents.org.uk). Email [mail@supportiveparents.org.uk](mailto:mail@supportiveparents.org.uk).

### **South Gloucestershire Information Lines and Support Groups for parents/carers of children with disabilities and special educational needs:**

**Acorns** Support group for parents of pre-school hearing impaired children: Elmfield House 10.30am – 12.00pm weekly on Wednesdays during term time. Contact the Sensory Support Service on 0117 9038442 [www.sensorysupportservice.org.uk](http://www.sensorysupportservice.org.uk) based in Westbury-on-Trym. Brothers and sisters are welcome, support if for the whole family.

**AFASIC** [www.afasic.org.uk](http://www.afasic.org.uk). No local support group but parent helpline 0300 6669410. Parent Talking Point website at <http://www.talkingpoint.org.uk>

**Autistic Spectrum Disorders** – See National Autistic Society [www.autism.org.uk](http://www.autism.org.uk)

**Avon North Mencap** 324A Two Mile Hill Rd, Kingswood BS15 1AJ [www.avonnorthmencap.org.uk](http://www.avonnorthmencap.org.uk)  
Contact 0117 9614372

**Black Carers' Project** This support group for black and ethnic carers (adult and young carers) is not funded for work in South Gloucestershire but has a website which can be accessed at [www.bristolblackcarers.org.uk](http://www.bristolblackcarers.org.uk) Contact Project Manager on 0117 3790084

**Bristol & Avon Chinese Women's Group** [www.bacwg.org.uk](http://www.bacwg.org.uk) St Agnes Church, Thomas Street, St Paul's, Bristol, BS2 9LL Contact 0117 9351462 See also: South Glos Chinese Association, Conniston Community Centre, The Parade, Conniston Rd, BS34 5LP . Contact 01454 865134 or email [sgca.office@yahoo.co.uk](mailto:sgca.office@yahoo.co.uk)

**The Care Forum:** Informed voices & choices in Health & Social care. 0117 965 4444 website: [www.thecareforum.org/](http://www.thecareforum.org/) The Vassall Centre, Gill Ave, Bristol, BS16 2QQ

**Cerebral Palsy Plus** (formerly SCOPE BRISTOL for children & adults with cerebral palsy) TheVassall Centre, Gill Avenue, Fishponds, Bristol BS16 2QQ [www.cerebralpalsyplus.org.uk](http://www.cerebralpalsyplus.org.uk)

**SCOPE RESPONSE** - Information and support line 0808 8003333 9am – 5 pm Mon- Fri [www.scope.org.uk/support](http://www.scope.org.uk/support)

**Children Living with Inherited Metabolic Diseases (CLIMB)** [www.climb.org.uk](http://www.climb.org.uk)

**Children's Brain Injury Trust (CBIT)** 01869341075 [www.chilbraininjurytrust.org.uk/](http://www.chilbraininjurytrust.org.uk/)

**Children and Young People Information Service: South Gloucestershire** Telephone information and outreach service covering areas of childcare registered with Ofsted, parent and family support, school admissions, school transport, free school meals and student support and a signposting service. Childcare. Grant tax credits, childcare voucher scheme. Contact 01454 868008 - Helpline Monday to Friday (8.45am-5.0pm: Mon-Thurs 8.45am-4.30pm: Fridays) website: [www.southglos.gov.uk/cypinfo](http://www.southglos.gov.uk/cypinfo)

**Contact a Family:** A national charity working across the UK to support families caring for children with any disability or special need. National contact 0808 808 3555 [www.cafamily.org.uk](http://www.cafamily.org.uk) or email [helpline@cafamily.org.uk](mailto:helpline@cafamily.org.uk)

**Bristol Areas Downs Syndrome Support (BADSS Bristol Area)** A local charity for Parents and guardians of children with Downs Syndrome or their friends and family who would benefit from help and support from other Parents. Contact Andrew King on 01454315469 or [www.dsa-bristol.org.uk](http://www.dsa-bristol.org.uk) or e-mail [info@BADSS.org.uk](mailto:info@BADSS.org.uk)

**Bullying UK**, no local group, 0808 800 2222, national website [www.bullying.co.uk](http://www.bullying.co.uk)

**Dyspraxia Foundation (Bristol)** Parents can contact the national organisation on 01462 454986 [www.dyspraxiafoundation.org.uk](http://www.dyspraxiafoundation.org.uk)

**Dyslexia Association Bristol** Assessments and independent teaching for all ages. 11 Upper Belgrave Road, Clifton, Bristol, BS82 2XH. Contact Supportive Parents for further information and support or the National Helpline -British Dyslexia Association 0117 9739405 [www.dyslexiacentre.co.uk](http://www.dyslexiacentre.co.uk)

**ERIC** (Enuresis Resource and Information Centre) [www.eric.org.uk](http://www.eric.org.uk) 36 Old School House, Britannia Road, Kingswood BS15 8DB. Contact 0845 3708008 24/7. E mail [info@eric.org.uk](mailto:info@eric.org.uk)

**The Family Centre for Deaf Children (FCDC)** Greystoke Ave, Westbury on Trym, Bristol BS10 6AY. [www.fcdc.org.uk](http://www.fcdc.org.uk)

Contact 0117 3307575 email [office@fcdc.org.uk](mailto:office@fcdc.org.uk). Grandparents and siblings signing classes. Newsletter produced.

**Jessie May Trust**, providing nursing care at home for children with life limiting conditions. Contact 01179 616840 [www.jessiemay.org.uk](http://www.jessiemay.org.uk). 35 Old School House, Kingswood Foundation Estate, Britannia Road, Kingswood, Bristol, BS15 8DB.

**KHAAS:** Information and groups for Asian parents with children who have disabilities or special needs. Contact 0117 9554070 [www.khass.co.uk](http://www.khass.co.uk) St Werburghs Community Centre, Horlex Road, Bristol, BS2 QTJ

**Action for Blind People:** Support group for families with blind or visually impaired children. Working with the RNIB, Stillhouse Lane, Bristol on 0117 9537750 [www.actionforblindpeople.org.uk/bristol](http://www.actionforblindpeople.org.uk/bristol)

**National Autistic Society (NAS) – South Gloucestershire Branch** For further information about support group and activities contact 0117 9748400 or email: [southgloucestershire@nas.org.uk](mailto:southgloucestershire@nas.org.uk)

Website address [www.nasbranch.org.uk/southglos](http://www.nasbranch.org.uk/southglos) Newsletter produced.

**CCS Adoption** – [www.ccsadoption.org](http://www.ccsadoption.org) 0117 9350005 162 Pennywell Road, Bristol, Avon BS5 OTX

**South Glos Parents and Carers Forum** for families with children with additional needs and disability 01454 501009. Contact us page on the website.

Contact <http://www.sglospc.org.uk/>

**The Carers' Centre** [www.carerssupportcentre.org.uk](http://www.carerssupportcentre.org.uk) Run Carers groups in S.Glos including Young Carers. Carers can ring the Carer's information line 0117 9652200.

**SENSE** [www.sense.org.uk](http://www.sense.org.uk) (national) for deaf blind people Support group for children with single or dual sensory impairment Woodside Family Centre, Kingswood, Bristol BS15 8DG email: [info@sense.org.uk](mailto:info@sense.org.uk) For details of parent support groups contact Senior Family Support Worker 0117 9670008.

**Shine** (Association for Spina Bifida and Hydrocephalus) [www.shinecharity.org.uk](http://www.shinecharity.org.uk) National number 01733 555988.

**South Gloucestershire Asian Project:** email: [email@sgap.org.uk](mailto:email@sgap.org.uk) or <http://www.sgap.org.uk/> Conniston Community Centre, The Parade BS34 5LP.

**South West Children's Heart Circle** A charity that supports children with heart conditions and their families in the units where they receive care [www.heartcircle.org/](http://www.heartcircle.org/) 0870 1252307

**Tourettes Syndrome Support Group** Bristol, North Somerset and South Gloucestershire parents welcome. Tel: 0300 777 8427 [www.tourettes-action.org.uk](http://www.tourettes-action.org.uk) (national)

[www.youthunltd.com](http://www.youthunltd.com) A website for 13-19 year olds living in South Glos.

#### **SOCIAL/LEISURE GROUPS –**

**Steve Spiers**, Sports Development worker: contact on 01454 864616. Can also provide details about the Breakthrough project, or go to [www.southglos.gov.uk](http://www.southglos.gov.uk) putting Breakthrough in the search box or [breaththrough@southglos.gov.uk](mailto:breaththrough@southglos.gov.uk)

**Children's Playlink:** Organise special needs playschemes and buddies for children with SEN wishing to attend mainstream playschemes contact 01454 338900 or go to [www.childrensplaylink.org.uk](http://www.childrensplaylink.org.uk)

**Bridging the Gap** project employs an Inclusion Play Advisor to increase opportunities for disabled children to access play settings, contact 01454 338904 or email [nicky.owen@childrensplaylink.org.uk](mailto:nicky.owen@childrensplaylink.org.uk)

**Seven Springs South West** - [www.hopskipandjump.org.uk](http://www.hopskipandjump.org.uk) The Hop Skip and Jump Centre, Grimsbury Farm, Kingswood. Several groups of parents/carers meet here. For further information about sessions, contact: Centre Manager – 0117 9677282 Monday- Saturday

**Special Friends Activities Club:** This group offering fun, friendship and activities to children with special needs and their families meets as a Holiday club for all ages. Contact 07707 632470 [www.specialfriendsclub.org.uk](http://www.specialfriendsclub.org.uk)

**Bournstream Trust:** Outdoor play area for children with SEN, Wotton-under-Edge. Gloucestershire 01453 845568 [www.bournstream.org.uk](http://www.bournstream.org.uk)

#### **SPECIALIST CLUBS**

**All Ability Multi Sport Club** Wednesdays 5.30-7pm, The Grange School, Tower Road North, Warmley. Contact 01454 865857 [Steve.spiers@southglos.gov.uk](mailto:Steve.spiers@southglos.gov.uk)

**Avon riding Centre for the Disabled**, Kings Weston Road, Henbury, 0117 9590266  
[www.avonridingcentre.org.uk](http://www.avonridingcentre.org.uk)

**Bridging Group**, Brimsham Green youth wing, Wednesday night 7-9pm 01454 868998, youth provision for people with learning difficulties and disabilities 13-19 years old.  
[Dawn.young@south.gov.uk](mailto:Dawn.young@south.gov.uk)

**Bradley Stoke Special Needs Judo Club**, Thursday night 7.00-8.30pm  
[www.bradleystokejudoclub.com](http://www.bradleystokejudoclub.com)

**Concorde Wheelchair Dancing** 8-80 years, [www.wheelchairdance.co.uk](http://www.wheelchairdance.co.uk)

**Made for Ever Youth Centre**, Kingswood, LDD Wednesday night 14+ 7.00-9.00pm 01454 865746  
Fisher Road, Kingswood, BS15 4LE

**St Andrew Methodist Youth Centre**, Filton, 01179691938, Thursday night 7-9.30, 15-25 years  
[www.standrewsmyc.btik.com](http://www.standrewsmyc.btik.com)

**Star Kids**: Little Stoke Youth Centre, Tuesday nights 6.30pm – 9pm for young people aged 12-19 who have learning or physical disabilities. For more info phone 07909748853 Dawn Young e-mail [dawn.young@southglos.gov.uk](mailto:dawn.young@southglos.gov.uk)

**The Hive Youth Club** 13-18 years, Avon North Mencap, Kingswood 0117 9614372  
[www.avonnorthmencap.org.uk](http://www.avonnorthmencap.org.uk)

#### **COURSES FOR PARENTS**

Supportive parents run Information and Support courses for parents of children with SEN phone 0117 9897725 for details.

The LA Parenting Consultancy service offer the following courses The Incredible Years, Parents Plus Children, Parents Plus Adolescents & Strengthening Families, © Supportive Parents Nov-13 for further details see [www.southglos.gov.uk](http://www.southglos.gov.uk) putting service name in search box or phone 01454 868008 email [parenting.courses@southglos.gov.uk](mailto:parenting.courses@southglos.gov.uk) e.g.

**Early Bird** Course for parents of children who have received a diagnosis of autism spectrum.

**Other parenting courses** and support can be accessed by referral by professionals e.g. Early Bird, Webster Stratton, Parent talk, Managing Difficult Behaviour (Adolescence) and Positive Parenting. Contact your School Health Nursing Service, Health Visitor, or Social Worker to discuss whether a referral can be made.

#### **OPPORTUNITY GROUPS IN SOUTH GLOUCESTERSHIRE:**

Contact number for Yate Opportunity Group is 01454 324184. There are some targeted sessions running at Children Centres for children with additional needs. Contact CYPIS at 01454 868008 for more details.