

## English

We will be recapping and embedding our year 2 skills through a range of picture books that develop PSHE themes to help the children resettlement into school. We will start our first whole class novel, that we call our *Beloved Book*, and it's *Mr Skip* by Michael Morpurgo. This book covers themes of magic, economic hardship and the power of hope and wishes.

## Science/DT

We will be learning about nutrition and the increasing importance of a healthy and varied diet. With the UK having one of the highest rates of childhood obesity in Europe now with 1 in 5 primary aged children being classed as obese, we will look at ways to keep active and achieve at least 60 active minutes each day. As part of understanding our bodies, we will also be exploring how skeletons and muscles are used for support, protection and movement.

## Mathematics

This year, due to circumstances meaning children have spent a large chunk of the previous school year being home schooled, we will be following a maths recovery programme that revisits and embeds Year 2 skills and is explored through stories and fun practical tasks to help resettle the children in school and give them confidence and enjoyment of maths again.

## Our Termly Value

Our value this term is Trust. Trust is an important element of building positive relationships with others. Trusting someone means that you think they are reliable, you have confidence in them and you feel safe with them physically and emotionally. We will be exploring what trust means through weekly discussions, sharing of stories and examples.

## Knowing Ourselves Inside and Out

### Key facts to be learnt at home

\*Managing emotions and feelings is key to being happy & healthy

\*\*Nutrition and daily exercise is key for a healthy lifestyle and that

poor diet and lack of exercise can lead to health complications including heart disease & type 2 diabetes For more info go on the Change For Life website, it is great packed full of videos and tips and tricks for a healthier lifestyle <https://bit.ly/3233F7I>

\*\*\*Skeletons and muscles are used for support, protection and movement.

To know five scientific names for some bones



## Computing

The online world brings many positives and possibilities, but it's also full of risks - and it's constantly changing. Therefore, in our first computing unit, we will be using the internet and teaching the children how to stay safe whilst online so they can experience the benefits but also know what to do if they don't feel safe.

## PHSE & Wellbeing

This subject always underpins everything we do in Year 3 but especially now given the circumstances faced this year with Coronavirus. We will ensure the children's mental health is at the forefront throughout and build in regular opportunities throughout the day to keep our mental health and wellbeing a priority. We will be using a programme called Jigsaw and the first unit is called *Being Me in My World* - this focuses on making relationships, self-confidence and self-awareness, as well as managing feelings and behaviours.

## WOW DAY Friday 11<sup>th</sup> September

We will be learning all about how to lead a healthy lifestyle including nutrition and the importance of 'eating the rainbow' for gut health, designing weekly menus by looking at healthy recipes and creating a fitness plan. Children are welcome to dress in active wear as we will be moving lots.

## Music

We use Charanga, an integrated approach to music where games, elements of music (pulse, rhythm, pitch etc.), singing and playing instruments are all linked and explored. Our first unit revolves around Bob Marley's *Three Little Birds*.

## RE & World Views

We explore these through questions and our first unit in Year 3 is *What Does it Mean to be a Christian in Britain Today?* We will use *The Sand Story* so that children can make links between their previous learning on religions.

## PE

Our Swift Sports Coaching team will be taking the children when we have our PPA time and this term they are following a gymnastics unit called curl, stretch and arch. We will also be using *Go Noodle* in class to keep the children active throughout the day. This is a great resource that is free if you wish to use it at home also: <https://bit.ly/2CdIOFa>

## French

Our first unit is called *Ma Famille et Moi* (Me and My Family) In Year 3, the children will continue to develop listening and speaking skills as these are key to learn new languages. They will begin to write simple phrases and vocabulary related to themselves and members of their family.

Dear parents/carers,

Please take a moment to look at the topic webs we have spent time creating for you with your children. They are designed to support your understanding of what your child is learning at school so you can focus conversations around it at home. We also hope it will support you as we know from first-hand experience that most of the time, when asked what they've learnt/enjoyed at school their replies are normally 'can't remember', 'nothing' or 'playtime' !

In addition, the topic webs can vastly benefit your child's confidence and understanding by giving them prior exposure to topics before we introduce them in class. More importantly, prior learning is great at giving children an advantage and opportunity to develop a rich understanding so they can participate assertively in class.

Finally, you may feel more connected to their learning and you never know, it might be fun and you could learn some new things together as a family! We have certainly learnt a whole host of new knowledge and skills since becoming primary school teachers and parents ourselves engaging with the variation and range of subjects taught!

Many thanks for your continued support, Mrs English, Mrs Dawson and Mrs Saywell

